

## SARP Portsmouth Levels of Treatment

### Level 0.5- Early Intervention IMPACT

- Length: 3 days
- Location – SARP Portsmouth, Oceana, & Little Creek
- Goal: prevent development of a Substance Use Disorder

### Level 1 - Outpatient (OP)

- Length: 2 weeks
- Location – SARP Portsmouth, Oceana, & Little Creek
- Goal: Teach moderate & responsible alcohol use. **Not** abstinence based.

### Level 2 - Intensive Outpatient (IOP)

- Length: 3 weeks
- Location – SARP Portsmouth
- Goal: Abstinence

### Level 3 - Residential

- Length: 5 weeks
- Location – SARP Portsmouth
- Goal: Abstinence

Recommended level of treatment is based on an evaluation with a SARP counselor and a Psychologist.  
Please call 953-7848 to schedule an appointment.